

INTEGRATED STRUCTURAL ACUPUNCTURE COURSE FOR PHYSICIANS

UNIVERSITY OF NEW ENGLAND - COLLEGE OF OSTEOPATHIC MEDICINE

SEPTEMBER 23, 2019 – JUNE 08, 2020

COURSE SYLLABUS

NOTE: The weekly modules (1 to 32) are web-based, distance learning classes. They can be viewed at your best convenience, 24/7, and as many times as you like. The Friday-Sunday sessions (1 to 4) are live, hands-on classes.

| | MODULE 01 - WEEK OF 09/23/2019 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Acupuncture Introduction | Joseph Audette, MD |
| AL | Acupuncture Practice: Chinese vs Japanese | Joseph Audette, MD |
| PL | Intro to Meridians, Point Location, & Practicum for needle insertion | Joseph Audette, MD |
| GL | Modern History of Traditional Chinese & Japanese Acupuncture | Bridie Andrews, PhD |
| SP | History of Chinese Acupuncture | Bridie Andrews, PhD |

| | MODULE 02 - WEEK OF 09/30/2019 | SPEAKER'S NAME |
|----|---|-----------------------|
| AL | Qi Blood and Fluids in Traditional Chinese Medicine (TCM) | Joseph Audette, MD |
| AL | Organs and Meridians in Traditional Chinese Medicine | Joseph Audette, MD |
| PL | Lung Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Large Intestine Meridian (Lecture and Demo) | Joseph Audette, MD |
| AL | Key points for Clinical Practice with Demo - Part 1 | Joseph Audette, MD |
| AL | Risks of Acupuncture and Safe Practice Recommendations | Joseph Audette, MD |

| START | END | | WEEKEND SESSION I – FRIDAY 10/04/2019 | SPEAKER'S NAME |
|-----------------|-----------------|----------|--|------------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 10:00 AM | AL | Orientation to Acupuncture and Palpation | Cristina Malatesta, MD |
| 10:00 AM | 11:00 AM | AP | Interactive Demo of Meridians Pathways I | Ilaria Merlo, MD |
| 11:00 AM | 11:15 AM | B | Break - Coffee & Tea | |
| 11:15 AM | 11:30 AM | PL | Yin Meridians of the Arm: Lung, Pericardium & Heart (Focus on Japanese Locations) | Joseph Audette, MD |
| 11:30 AM | 12:00 PM | PLP | Palpation Practicum of Yin Meridians of the Arm: Lung, Pericardium, & Heart | Staff* |
| 12:00 PM | 12:15 PM | PL | Yang Meridians of the Arm: Large Intestine, Triple Warmer, & Small Intestine (Focus on Japanese Locations) | Joseph Audette, MD |
| 12:15 PM | 12:45 PM | PLP | Palpation Practicum of Yang Meridians of the Arm: Large Intestine, Triple Warmer, & Small Intestine | Staff* |
| 12:45 PM | 1:45 PM | B | Break - Lunch | |
| 1:45 PM | 2:00 PM | PL | Yin Meridians of the Leg: Kidney, Spleen & Liver (Focus on Japanese Locations) | Joseph Audette, MD |
| 2:00 PM | 2:30 PM | PLP | Palpation Practicum of Yin Meridians of the Leg: Kidney, Spleen & Liver | Staff* |
| 2:30 PM | 2:45 PM | PL | Yang Meridians of the Leg: Stomach, Gallbladder & | Joseph Audette, MD |

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|----------------|----------------|----------|--|---------------------|
| | | | Bladder (Focus on Japanese Locations) | |
| 2:45 PM | 3:15 PM | PLP | Palpation Practicum Yang Meridians of the Leg: Stomach, Gallbladder & Bladder | Staff* |
| 3:15 PM | 4:15 PM | AP | Interactive Demo of Meridians Pathways II | Ilaria Merlo, MD |
| 4:15 PM | 4:30 PM | B | Break - Coffee & Tea | |
| 4:30 PM | 5:00 PM | PL | CV and GV line and associated meridians (Focus on Japanese Locations) | Joseph Audette, MD |
| 5:00 PM | 5:30 PM | PLP | Palpation Practicum of CV and GV line and associated meridians (Focus on Japanese Locations) | Staff* |
| 5:30 PM | 6:45 PM | OL | Integration of Osteopathic, Chinese, and Functional Medicine into Acupuncture | Jay Sandweiss DO |
| 6:45 PM | 7:15 PM | B | Break - Dinner | |
| 7:15 PM | 8:30 PM | GL | History of the relationship between acupuncture and pain research | Bridie Andrews, PhD |

| START | END | | WEEKEND SESSION I – SATURDAY 10/05/2019 | SPEAKER'S NAME |
|-----------------|-----------------|----------|--|--------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 9:00 AM | AL | Oketsu, Immune, Adrenal | Joseph Audette, MD |
| 9:00 AM | 10:15 AM | OL | Osteopathic palpatory technique for finding channel and point restrictions | Jay Sandweiss DO |
| 10:15 AM | 10:30 AM | B | Break - Coffee & Tea | |
| 10:30 AM | 11:45 AM | OP | Osteopathic palpatory technique for finding channel and point restrictions practicum | Staff* |
| 11:45 AM | 12:45 PM | B | Break - Lunch | |
| 12:45 PM | 2:00 PM | AL | Abdominal Diagnostic Examination | Joseph Audette, MD |
| 2:00 PM | 3:15 PM | AP | Palpation Workshop – Oketsu, Immune, Adrenal | Staff* |
| 3:15 PM | 3:30 PM | B | Break - Coffee & Tea | |
| 3:30 PM | 4:15 PM | AD | Treatment Demo with focus on Abdominal Diagnosis | Joseph Audette, MD |
| 4:15 PM | 5:00 PM | AP | Abdominal Diagnostic Examination practicum | Staff* |

| START | END | | WEEKEND EXTRA SESSION WE I – SATURDAY 10/05/2019 | SPEAKER'S NAME |
|---------|---------|----|---|------------------|
| 5:30 PM | 8:30 PM | OW | Osteopathic Workshop Part 1: Integration of Muscle Testing into Acupuncture Diagnosis and Treatment | Jay Sandweiss DO |

| START | END | | WEEKEND SESSION I – SUNDAY 10/06/2019 | SPEAKER'S NAME |
|-----------------|-----------------|----------|--|--------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 8:45 AM | AP | Needle Practicum with Moxa | Ana Nieves, MD |
| 8:45 AM | 9:45 AM | AL | The relationship between the meridian system, 5 element and human emotions | Ana Nieves, MD |
| 9:45 AM | 10:00 AM | B | Break - Coffee & Tea | |
| 10:00 AM | 11:15 AM | AL | Stomach Qi and Shao Yang with demo | Ana Nieves, MD |
| 11:15 AM | 12:00 PM | AL | Liver Dysfunction – Diagnosis and Treatments | Joseph Audette, MD |
| 12:00 PM | 1:00 PM | B | Break - Lunch | |
| 1:00 PM | 2:30 PM | AL | Application of 5 elements to constitutional treatment with demo | Joseph Audette, MD |
| 2:30 PM | 4:00 PM | PW | Palpation Workshop – Guided Treatment of Students | Staff* |

| | MODULE 03 – WEEK OF 10/07/2019 | SPEAKER'S NAME |
|----|---|---------------------------|
| AL | The Function of Spleen and Stomach in TCM | Allison Bailey, MD |
| SL | Scientific basis of acupuncture: Chemical releases | Joseph Audette, MD |
| AD | Stomach Qi Demo | Joseph Audette, MD |
| PL | Stomach Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Spleen Meridian (Lecture and Demo) | Joseph Audette, MD |
| AL | Foundations of Chinese Medicine | Joseph Audette, MD |
| SP | Acupuncture: neuropeptide release produced by electrical stimulation of different frequencies | Science paper- Han et al. |

| | MODULE 04 – WEEK OF 10/14/2019 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | The Function of Heart and Small Intestine in TCM | Joseph Audette, MD |
| AL | Abdominal Diagnosis with Demo | Joseph Audette, MD |
| PL | Heart Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Small Intestine Meridian (Lecture and Demo) | Joseph Audette, MD |
| AL | Functions of Internal Organs & Kidney Disorders | Joseph Audette, MD |
| SP | Two styles of acupuncture for treating painful diabetic neuropathy | Ahn, et al. |

| | MODULE 05 – WEEK OF 10/21/2019 | SPEAKER'S NAME |
|----|--|----------------------------|
| AL | The Function of Kidney and Bladder in TCM | Ilaria Maria Merlo, MD |
| AD | Demo of palpation for Adrenal (Kidney) dysfunction | Joseph Audette, MD |
| AD | Demo of palpation for Immune (Lung) dysfunction | Joseph Audette, MD |
| PL | Bladder Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Kidney Meridian (Lecture and Demo) | Joseph Audette, MD |
| GL | Scientific Review Mechanisms of Acupuncture | Petra Bäumlner, PhD |
| SP | Electrical impedance of acupuncture meridians: the relevance of subcutaneous | Science paper- Ahn, et al. |

| | MODULE 06 – WEEK OF 10/28/2019 | SPEAKER'S NAME |
|----|---|------------------------|
| AL | The Function of Triple Burner in TCM | Ilaria Maria Merlo, MD |
| AL | The Function of Pericardium in TCM | Joseph Audette, MD |
| AD | Demo of Pericardium Treatment | Joseph Audette, MD |
| AD | Demo of Shao Yang treatment | Joseph Audette, MD |
| PL | Pericardium Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Triple Warmer Meridian (Lecture and Demo) | Joseph Audette, MD |
| GL | fMRI in Research | Russell Blinder, MD |
| AL | The Function of Triple Warmer & Gallbladder | Joseph Audette, MD |

| | MODULE 07 – WEEK OF 11/04/2019 | SPEAKER'S NAME |
|----|---|--------------------------------|
| AL | The Function of Liver and Gallbladder in TCM | Allison Bailey, MD |
| AD | Demo of Oketsu and Treatments | Joseph Audette, MD |
| AD | Demo of palpation of Liver dysfunction | Joseph Audette, MD |
| PL | Gallbladder Meridian (Lecture and Demo) | Joseph Audette, MD |
| PL | Liver Meridian (Lecture and Demo) | Joseph Audette, MD |
| AL | Treatment of Liver and Gallbladder Issues with demo | Joseph Audette, MD |
| GL | Acupuncture modulates resting state connectivity | Science Paper – Napadow, et al |

| | MODULE 08 – WEEK OF 11/11/2019 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Five Element Theory and Clinical Implications | Joseph Audette, MD |
| AL | Oketsu, Immune, Adrenal and ST Qi Treatments | Allison Bailey, MD |
| AD | Demo of Oketsu, Immune, Adrenal and ST Qi Treatments | Joseph Audette, MD |
| PL | Conception Vessel (Lecture and Demo) | Joseph Audette, MD |
| PL | Governing Vessel (Lecture and Demo) | Joseph Audette, MD |
| GL | Differential Diagnosis in TCM Part I | Michael Hammes, MD |
| AL | Fire Points (Lecture and Demo) | Joseph Audette, MD |

| | MODULE 09 - WEEK OF 11/18/2019 | SPEAKER'S NAME |
|----|---|-----------------------|
| AL | Introduction to Metal and Water Treatment | Allison Bailey, MD |
| GL | Differential Diagnosis in TCM Part II | Michael Hammes, MD |
| GL | Neuroanatomy of Pain: Peripheral & Central Nervous System I | Frank Willard, PhD |
| GL | Neuroanatomy of Pain: CNS & SomatoVisceral Integration | Frank Willard, PhD |
| GL | Neuroanatomy of Pain: Fascia | Frank Willard, PhD |
| AL | Acupuncture Energetics and Myofascial Pain | Joseph Audette, MD |
| AL | Metal/Water Treatments and Demo | Joseph Audette, MD |

THANKSGIVING - WEEK OF 11/25/2019 - NO CLASS

| | MODULE 10 – WEEK OF 12/02/2019 | SPEAKER'S NAME |
|----|--|-----------------------|
| GL | Differential Diagnosis in TCM Part III | Michael Hammes, MD |
| AL | Key points on Upper Extremity and Demo | Joseph Audette, MD |
| AL | Key points on Lower Extremity and Demo | Joseph Audette, MD |
| SL | De Qi or not De Qi: Is the Chinese Emperor Wearing No Clothes | Joseph Audette, MD |
| AL | Acupuncture and myofascial trigger points, Part I | Joseph Audette, MD |
| AL | Practice Management, Part I | Joseph Audette, MD |
| SP | Effects of dry needling at tender points for neck pain (Japanese: katakori): near-infrared spectroscopy for monitoring muscular oxygenation of the trapezius | Jimbo S et al |

| START | END | | PRESYMPOSIUM WORKSHOP WE II– THURSDAY 12/12/2019 | SPEAKER'S NAME |
|--------------|------------|----|---|-----------------------|
| 4:00 PM | 7:00 PM | OW | Pulse Diagnosis | Michael Hammes, MD |

| START | END | | WEEKEND SESSION II – FRIDAY 12/13/2019 | SPEAKER'S NAME |
|-----------------|----------------|----------|--|-----------------------|
| 7:30 AM | 8:00 AM | B | Break – Breakfast and Sign-in | |
| 8:00 AM | 9:15 AM | AL | Approach to Back Diagnosis and Treatment Strategies | Joseph Audette, MD |
| 9:15 AM | 9:30 AM | B | Break – Coffee & Tea | |
| 9:30 AM | 10:45 AM | AD | Demo of Back treatments | Joseph Audette, MD |
| 10:45 AM | 12:00 PM | AD | Palpation Workshop – Back Shu Points | Staff* |
| 12:00 PM | 1:00 PM | B | Break – Lunch | |
| 1:00 PM | 2:15 PM | AL | The Extraordinary Vessels and Command Points | Joseph Audette, MD |
| 2:15 PM | 3:30 PM | AL | Approach to Diagnosis and Review of Major Treatment Strategies | Joseph Audette, MD |
| 3:30 PM | 3:45 PM | B | Break – Coffee & Tea | |
| 3:45 PM | 5:00 PM | AL | Palpation Workshop – Extraordinary Vessels | Staff* |

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|----------------|----------------|----------|--|------------------------|
| 5:00 PM | 5:30 PM | LT | Structural Acupuncture Practicum Level I – Acupuncture points and treatment strategies | Cristina Malatesta, MD |
| 5:30 PM | 6:30 PM | AL | Peripheral and central processing of pain | Frank Willard, PhD |
| 6:30 PM | 7:15 PM | AL | Viscerosomatic reflexes and implications on pain | Frank Willard, PhD |
| 7:15 PM | 7:45 PM | B | Break – Dinner | |
| 7:45 PM | 8:30 PM | AL | The Embryological development of fascia and its implication on Pain | Frank Willard, PhD |

| START | END | | WEEKEND SESSION II – SATURDAY 12/14/2019 | SPEAKER'S NAME |
|-----------------|----------------|----------|--|------------------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 9:00 AM | AL | Practice Management II | Joseph Audette, MD |
| 9:00 AM | 9:15 AM | B | Break - Coffee & Tea | |
| 9:15 AM | 11:00 AM | TP P | Trigger point Practicum | Joseph Audette, MD |
| 11:00 AM | 12:45 PM | TX | Guided Treatment of Patients | Staff* |
| 12:45 PM | 1:45 PM | B | Break - Lunch | |
| 1:45 PM | 3:15 PM | AL | Tongue Diagnosis and Treatment Strategies Part 1 | Juan Carlos Gamez Garcia, MD |
| 3:15 PM | 3:30 PM | B | Break - Coffee & Tea | |
| 3:30 PM | 5:00 PM | TX | Guided Treatment of Patients | Staff* |

| START | END | | WEEKEND EXTRA SESSIONS WE II – SATURDAY 12/14/2019 | SPEAKER'S NAME |
|---------|---------|----|--|--|
| 5:30 PM | 8:30 PM | OW | Treating Common Musculoskeletal Conditions with Osteopathic Manipulation, Meridian Therapy, Dry Needling and Manual Muscle Testing | Jay Sandweiss, DO & Joseph Audette, MD |

| START | END | | WEEKEND SESSION II – SUNDAY 12/15/2019 | SPEAKER'S NAME |
|-----------------|-----------------|----------|---|--------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 10:00 AM | AL | Sun Simiao Ghost Points and the treatment of mood disorders | Michael Hammes, MD |
| 10:00 AM | 10:15 AM | B | Break - Coffee & Tea | |
| 10:15 AM | 12:15 PM | AL | Integration of Extraordinary Vessels in Treatment w/demo | Joseph Audette, MD |
| 12:15 PM | 1:15 PM | B | Break - Lunch | |
| 1:15 PM | 3:15 PM | TX | Guided Treatment of Patients | Staff* |
| 3:15 PM | 4:00 PM | CR | Case Reviews | Joseph Audette, MD |

| | MODULE 11 – WEEK OF 12/16/2019 | SPEAKER'S NAME |
|----|---|--------------------|
| GL | Pathogenic Factors and Disease in Chinese Medicine | Michael Hammes, MD |
| AL | Acupuncture and myofascial trigger points, Part II | Joseph Audette, MD |
| AL | Key points & Demo on flank, lower abdomen, and hip | Joseph Audette, MD |
| AL | Important Acupuncture Points of Arms and Legs in TCM Part I | Joseph Audette, MD |
| AL | Acupuncture and myofascial strain patterns: Demo | Joseph Audette, MD |
| SP | Ultrasound characteristics of Myofascial Triggerpoints | Shah, J et al |

CHRISTMAS & NEW YEAR – WEEKS OF 1/23/2019 & 12/30/2019 – NO CLASS

| | MODULE 12 – WEEK OF 01/06/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Extraordinary Vessels: (Lecture and Demo) | Joseph Audette, MD |
| AL | Acupuncture and myofascial trigger points, Part III | Joseph Audette, MD |
| AL | The GV and Huato Jiaji lines: Treatment Considerations with Demo | Joseph Audette, MD |
| AL | Chaos Theory and Acupuncture Wholism | Joseph Audette, MD |
| GL | Neurobiology of Acupuncture | Vitaly Napadow, PhD |
| SP | Pathophysiological model for chronic low back pain integrating connective tissue and nervous system mechanisms | Langevin, H et al |

| | MODULE 13 - WEEK OF 01/13/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Visceroptosis and Neurovascular Compression of Upper and Lower Extremity | Allison Bailey, MD |
| AL | Structural imbalances and the fulcrum treatment with Demo | Joseph Audette, MD |
| AD | Demo of Visceroptosis Treatment | Joseph Audette, MD |
| AD | Integration Japanese Style and Myofascial Trigger Points: Demo | Joseph Audette, MD |
| AL | Ba Gang: 8 diagnostic Criteria in TCM with Case Histories | Joseph Audette, MD |
| AL | Yang Ming Approaches to Back Pain | Joseph Audette, MD |
| SP | Biochemicals remote from active myofascial trigger points | Shah, J et al |

| | MODULE 14 - WEEK OF 01/20/2020 | SPEAKER'S NAME |
|----|---|-----------------------|
| AL | Treatment of Low Back Pain (LBP) Part I (Sacroiliac & 4 Corners) | Gary Howerton, MD |
| SP | Acupuncture and spine related pain | Joseph Audette, MD |
| AD | Demo on 4 corner and Sacroiliac treatments | Joseph Audette, MD |
| AD | Demonstration of Key Shu point treatments of Back | Joseph Audette, MD |
| AL | Key extra points from TCM perspective | Joseph Audette, MD |
| AL | Tai Yang approaches to Back Pain. | Joseph Audette MD |
| AL | Luo, Sinew Channels | Joseph Audette MD |
| AL | The Epidemic of Lumbar Spinal Stenosis: Acupuncture Approaches | Allison Bailey, MD |
| SP | Does acupuncture improve the orthopedic management of chronic low back pain | Molsberger et al |

| | MODULE 15 - WEEK OF 01/27/2020 | SPEAKER'S NAME |
|----|--|-------------------------------------|
| AL | Treatment of LBP Part II | Susan Upham, MD |
| AL | Acupuncture Energetics and Myofascial Pain | Joseph Audette, MD |
| AL | Yuan-luo-combination in the treatment of psychosomatic disorders | Joseph Audette, MD |
| AL | Divergent Meridians | Joseph Audette, MD |
| GL | Mechanisms and utility of the placebo effect in clinical research and practice | Joe Kossowsky, PhD |
| SP | Neurobiology of placebo effects | Science paper- Benedetti, et al. |

| | MODULE 16 - WEEK OF 02/03/2020 | SPEAKER'S NAME |
|----|---|------------------------------------|
| AL | Acupuncture for Anxiety and Depression - Theory | Joseph Audette, MD |
| AL | Acupuncture Treatment of Anxiety and Depression | Joseph Audette, MD |
| AD | Demo of Treatments for Depression and Stress Disorders | Joseph Audette, MD |
| SL | Acupuncture in the Treatment of Mood Disorders | Joseph Audette, MD |
| AL | Acupuncture and Subconscious Suggestion | Joseph Audette, MD |
| SP | Acupuncture for depression during pregnancy: a randomized controlled trial. | Science paper – R. Schnyer 2010 |

| | MODULE 17 – WEEK OF 02/10/2020 | SPEAKER'S NAME |
|----|---|-----------------------|
| AL | Acupuncture Approaches to Respiratory Disorders | Joseph Audette, MD |
| SL | Acupuncture and Respiratory Disorders | Joseph Audette, MD |
| AD | Demo of Respiratory Treatment | Joseph Audette, MD |
| AL | Spleen and Kidney and its relationship to Respiratory Disorders | Ana Nieves, MD |
| AL | Acupuncture Approach to the Common Cold | Ana Nieves, MD |
| GL | Qualitative Research and Cultural Differences in Clinical Context of an Acupuncture Encounter | Petra Bämmler, PhD |
| SP | The Effect of Acupuncture in the Treatment of Chronic Obstructive Pulmonary Disease | Suzuki M et al |

| | MODULE 18 - WEEK OF 02/17/2020 | SPEAKER'S NAME |
|----|---|------------------------|
| AL | Japanese Treatment strategies for Neck, Shoulder and Arm Pain | Susan Upham, MD |
| AL | Structural Acupuncture and VisceroSomatic Integration | Joseph Audette, MD |
| AL | Energetic Approach to Neck and Shoulder Pain Treatment | Joseph Audette, MD |
| AL | Acupuncture approaches to Headache | Kathleen Kroessler, MD |
| SL | Shoulder Pain | Joseph Audette, MD |
| AL | Acupuncture approach to Neck and Shoulder Pain | Joseph Audette, MD |
| SP | Ear acupuncture in the treatment of migraine attacks | Allais, et al. |

| START | END | | PRESYMPOSIUM WORKSHOP WE III – THURSDAY 02/27/2020 | SPEAKER'S NAME |
|--------------|------------|----|---|-----------------------|
| 4:00 PM | 7:00 PM | OW | Trigger Points Workshop | Joseph Audette, MD |

| START | END | | WEEKEND SESSION III – FRIDAY 02/28/2020 | SPEAKER'S NAME |
|-----------------|----------------|----------|---|-----------------------|
| 7:30 AM | 8:00 AM | B | Break – Breakfast and Sign-in | |
| 8:00 AM | 8:15 AM | AL | Approach to Diagnosis and Treatment of Hormonal and GYN issues | Joseph Audette, MD |
| 8:15 AM | 8:30 AM | AP | Hormonal and GYN Treatment Practicum | Staff* |
| 8:30 AM | 8:45 AM | B | Break – Coffee & Tea | |
| 8:45 AM | 9:15 AM | AL | Approach to Diagnosis and Treatment of Headaches Neck and Shoulder Pain | Joseph Audette, MD |
| 9:15 AM | 9:45 AM | AP | Headache Neck and Shoulder Pain Practicum | Staff* |
| 9:45 AM | 11:15 AM | AL | Microsystems and The Very Point® Technique | Dominik Irnich, MD |
| 11:15 AM | 12:15 PM | AP | The Very Point® Technique Practicum | Dominik, Irnich, MD |
| 12:15 PM | 1:15 PM | B | Break – Lunch | |
| 1:15 PM | 2:45 PM | AL | Scar Treatments and Disturbance Fields with Demo | Dominik, Irnich, MD |
| 2:45 PM | 3:00 PM | B | Break – Coffee & Tea | |
| 3:00 PM | 4:30 PM | GL | Electro-Acupuncture Theory with Demo | Dominik Irnich, MD |
| 4:30 PM | 5:30 PM | GL | Scientific Review of the Efficacy of Acupuncture for Pain Conditions | Petra Bämmler, PhD |
| 5:30 PM | 6:30 PM | GL | Introduction to Integration of Diet and Nutrition into Acupuncture Practice | Ilaria Merlo, MD |
| 6:30 PM | 7:00 PM | B | Break – Dinner | |
| 7:00 PM | 8:30 PM | GL | Pediatric Acupuncture | Yuan-Chi Lin, MD |

| START | END | | WEEKEND SESSION III – SATURDAY 02/29/2020 | SPEAKER'S NAME |
|----------|----------|----|--|--------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 9:30 AM | AL | Auricular Acupuncture Part I | Dominik Irnich, MD |
| 9:30 AM | 9:45 AM | B | Break - Coffee & Tea | |
| 9:45 AM | 11:15 AM | AL | Auricular Acupuncture Part II | Dominik Irnich, MD |
| 11:15 AM | 12:45 PM | AP | Auricular Acupuncture Practicum | Dominik Irnich, MD |
| 12:45 PM | 1:45 PM | B | Break - Lunch | |
| 1:45 PM | 3:15 PM | AL | Auricular Acupuncture Part III | Dominik Irnich, MD |
| 3:15 PM | 3:30 PM | B | Break - Coffee & Tea | |
| 3:30 PM | 5:00 PM | TX | Guided Treatment of Patients | Staff* |

| START | END | | WEEKEND EXTRA SESSION WE III – SATURDAY 02/29/2020 | SPEAKER'S NAME |
|---------|---------|----|---|----------------|
| 5:30 PM | 8:30 PM | OW | TBD | TBD |

| START | END | | WEEKEND SESSION III – SUNDAY 03/01/2020 | SPEAKER'S NAME |
|----------|----------|----|---|--------------------|
| 7:30 AM | 8:00 AM | B | Break - Breakfast and Sign-in | |
| 8:00 AM | 8:45 AM | AL | Japanese Balancing Systems | Ana Nieves, MD |
| 8:45 AM | 9:00 AM | B | Break - Coffee & Tea | |
| 9:00 AM | 10:30 AM | AL | Integrate Auricular Acupuncture and Scar Release into Treatment | Joseph Audette, MD |
| 10:30 AM | 12:00 PM | TX | Guided Treatment of Patients | Staff* |
| 12:00 PM | 1:00 PM | B | Break - Lunch | |
| 1:00 PM | 2:30 PM | AL | Constitutional Diagnosis in Auricular Acupuncture | Ilaria Merlo, MD |
| 2:30 PM | 4:00 PM | TX | Guided Treatment of Patients | Staff* |

| | MODULE 19 – WEEK OF 03/02/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Japanese Approach to Headache Treatment | Ana Nieves, MD |
| AL | TCM approach to Headaches | Joseph Audette, MD |
| SL | Acupuncture and Headaches | Joseph Audette, MD |
| AD | Demo of Headache treatments | Joseph Audette, MD |
| AL | Practice Management, Part III | Kathlee Kroessler, MD |
| SP | Acupuncture versus topiramate in chronic migraine prophylaxis: A randomized clinical trial | Yang CP, et al |

| | MODULE 20 - WEEK OF 03/09/2020 | SPEAKER'S NAME |
|----|--|-------------------------|
| AL | Japanese approach to GYN | Joseph Audette, MD |
| SL | Pelvic pain | Joseph Audette, MD |
| AD | Myofascial Approaches for Pelvic Pain | Joseph Audette, MD |
| AD | Demo of GYN Treatment Points | Joseph Audette, MD |
| AL | Auricular approach to GYN | Joseph Audette, MD |
| AL | Acupuncture approaches to Gynecological Disorders | Allison Bailey, MD |
| SP | Impact of electro-acupuncture in polycystic ovary syndrome | Stener-Victorin, et al. |

| | MODULE 21 - WEEK OF 03/16/2020 | SPEAKER'S NAME |
|----|---------------------------------|--------------------|
| AL | Japanese Approach to GYN part 2 | Joseph Audette, MD |

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| AL | Japanese Approach to GYN part 3 | Joseph Audette, MD |
| AL | TCM approach to GYN | Joseph Audette, MD |
| AD | Demo of GYN Treatment strategies | Joseph Audette, MD |
| AL | Diagnosis & Treatment of Hyperthyroidism | Ilaria Maria Merlo, MD |
| AL | Energetic approach to GYN conditions | Joseph Audette, MD |
| SP | Japanese-style acupuncture for endometriosis-related pelvic pain in adolescents and young women | Wayne, et al |

| | MODULE 22 - WEEK OF 03/23/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Treatments for Nausea: Pancreatitis Abdomen & Stomach Qi | Allison Bailey, MD |
| SL | Acupuncture and Nausea | Joseph Audette, MD |
| AD | Demo of Treatments for Nausea | Joseph Audette, MD |
| AD | Demo of Vertigo Treatment | Joseph Audette, MD |
| AL | Acupuncture Approaches to Hormonal Imbalances. | Joseph Audette, MD |
| AL | Acupuncture approaches to allergies and systemic detoxification | Ana Nieves, MD |
| GL | Acupuncture - A Somatosensory Conditioning Neuromodulatory Therapy | Vitaly Napadow, PhD |
| SP | Brain imaging of acupuncture: Comparing superficial with deep needling | MacPherson H, et al. |

| | MODULE 23 - WEEK OF 03/30/2020 | SPEAKER'S NAME |
|----|--|-----------------------------------|
| AL | Acupuncture Approaches for detoxification, skin issues & allergies | Joseph Audette, MD |
| AL | Acupuncture Detox | Joseph Audette, MD |
| SL | Drug Detoxification Treatments | Allison Bailey, MD |
| AD | Demo of Allergy Treatments | Joseph Audette, MD |
| AD | Demo of Immune Treatments | Joseph Audette, MD |
| AL | The Opioid Crisis and Acupuncture | Joseph Audette, MD |
| AD | Demo of NADA protocol | Joseph Audette, MD |
| SP | Acupuncture for the Treatment of Drug Addiction disorders | Science paper -Cai-Lian Cui et al |

| | MODULE 24 - WEEK OF 04/06/2020 | SPEAKER'S NAME |
|----|--|------------------------------|
| AL | Acupuncture Approaches to Cardiac and Blood Pressure | Juan Carlos Gamez Garcia, MD |
| AL | Acupuncture in Cardiac & Autonomic Function | Joseph Audette, MD |
| AD | Demo of Cardiac Exam Findings | Joseph Audette, MD |
| AD | Demo of Cardiac and BP Treatment Points | Joseph Audette, MD |
| AL | Acupuncture approaches to Cardiac Function | Ilaria Maria Merlo, MD |
| SP | Moxibustion for hypertension: a systematic review | Kim JI, et al. |

| | MODULE 25 - WEEK OF 04/13/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | TCM approach to GI issues | Allison Bailey, MD |
| AL | Japanese Approach to GI Disorders Part 1 | Joseph Audette, MD |
| AL | Japanese Approach to GI Disorders Part 2 | Joseph Audette, MD |
| AL | Acupuncture and Gastrointestinal Disorders | Joseph Audette, MD |
| AD | Demo of GI treatment points and strategies | Joseph Audette, MD |
| AL | Auricular Approach to GI Issues | Joseph Audette, MD |
| AL | GI Disorders | Ana Nieves, MD |
| SP | Acupuncture treatment in gastrointestinal diseases | Schneider, et al. |

| MODULE 26 - WEEK OF 04/20/2020 | | SPEAKER'S NAME |
|---------------------------------------|---|---------------------------------|
| AL | Acupuncture for Neurological Disorders | Kathleen Kroessler, MD |
| AL | Japanese Approaches to Neurological Disorders | Ilaria Merlo, MD |
| AD | Demo of Neurological Treatments | Joseph Audette, MD |
| AL | Chronic Pain Patients | Allison Bailey, MD |
| AD | Demo on Atlas Reflex treatment for headaches and neurological problems | Joseph Audette, MD |
| AD | Demo of use of very point to treat extraordinary vessels | Joseph Audette, MD |
| SP | Does acupuncture work for stroke rehabilitation: what do recent clinical trials really show | Science paper -Shiflett, et al. |

| START | END | | PRESYMPOSIUM WORKSHOP WE IV – THURSDAY 4/30/2020 | SPEAKER'S NAME |
|--------------|------------|----|---|-----------------------|
| 4:00 PM | 8:00 PM | OW | Battlefield Acupuncture: Extra Session | Xiangrong Shao, MD |

| START | END | | WEEKEND SESSION IV – FRIDAY 5/1/2020 | SPEAKER'S NAME |
|-----------------|----------------|----------|---|-----------------------|
| 7:30 AM | 8:00 AM | B | Break – Breakfast and Sign-in | |
| 8:00 AM | 8:15 AM | AL | Approach to Diagnosis and Treatment of Cardiac Disorders | Joseph Audette, MD |
| 8:15 AM | 8:45 AM | AP | Cardiac Treatment Practicum | Staff* |
| 8:45 AM | 9:00 AM | B | Break – Coffee & Tea | |
| 9:00 AM | 9:15 AM | AL | Approach to Diagnosis of GI Issues | Joseph Audette, MD |
| 9:15 AM | 9:45 AM | AP | GI Treatment Practicum | Staff* |
| 9:45 AM | 10:15 AM | AL | Approach to Diagnosis of Neurological Issues | Joseph Audette, MD |
| 10:15 AM | 10:45 AM | AP | Neuro Treatment Practicum | Staff* |
| 10:45 AM | 12:45 PM | AL | Treatment Strategies used for Immediate Pain Relief in Urgent Care Setting | Marcia Yamamura, MD |
| 12:45 PM | 1:45 PM | B | Break – Lunch | |
| 1:45 PM | 2:45 PM | AD | Demo and Treatment Practicum | Marcia Yamamura, MD |
| 2:45 PM | 3:45 PM | AD | Treatment Pearls from the Experts | Staff* |
| 3:45 PM | 4:00 PM | B | Break – Coffee & Tea | |
| 4:00 PM | 6:00 PM | GL | Laser Acupuncture Basics | Margaret Naeser, PhD |
| 6:00 PM | 6:30 PM | B | Break – Dinner | |
| 6:30 PM | 8:30 PM | GL | Transcranial LED to Improve Cognition in Chronic, TBI and Mild to Moderately-Severe Alzheimer's Disease | Margaret Naeser, PhD |

| START | END | | WEEKEND SESSION IV – SATURDAY 5/2/2020 | SPEAKER'S NAME |
|-----------------|----------------|----------|--|-----------------------|
| 7:30 AM | 8:00 AM | B | Break – Breakfast and Sign-in | |
| 8:00 AM | 9:30 AM | AL | Touch ups and Strategies for Immediate Pain Relief | Joseph Audette, MD |
| 9:30 AM | 9:45 AM | B | Break – Coffee & Tea | |
| 9:45 AM | 11:15 AM | OL | Use of Muscle Testing with Pulse to Dx Meridian Disturbance with Practicum I | Jay Sandweiss DO |
| 11:15 AM | 12:45 PM | TX | Guided Treatment of Patients | Staff* |
| 12:45 PM | 1:45 PM | B | Break – Lunch | |
| 1:45 PM | 3:15 PM | TP | Tx Praticum Using 5 element and Mu points for Meridian Disturbance II | Jay Sandweiss DO |
| 3:15 PM | 4:45 PM | TX | Guided Treatment of Patients | Staff* |
| 4:45 PM | 5:00 PM | B | Break – Coffee & Tea | |

| START | END | | WEEKEND EXTRA SESSION WE IV – SATURDAY 05/2/2020 | SPEAKER'S NAME |
|---------|---------|----|---|-------------------------|
| 5:30 PM | 8:30 PM | OW | Osteopathic Workshop Part 2: Integration of Muscle Testing into Acupuncture Diagnosis and Treatment | Jay Sandweiss DO, FAAMA |

| START | END | | WEEKEND SESSION IV – SUNDAY 5/3/2020 | SPEAKER'S NAME |
|----------|----------|----|--------------------------------------|------------------------|
| 7:30 AM | 8:00 AM | B | Break – Breakfast and Sign-in | |
| 8:00 AM | 10:00 AM | AD | Kiiko Treatment Demo | Kiiko Matsumoto, L.Ac. |
| 10:00 AM | 10:15 AM | B | Break – Coffee & Tea | |
| 10:15 AM | 12:15 PM | AD | Kiiko Treatment Demo | Kiiko Matsumoto |
| 12:15 PM | 1:15 PM | B | Break – Lunch | |
| 1:15 PM | 2:15 PM | AD | Kiiko Treatment Demo | Kiiko Matsumoto |
| 2:15 PM | 2:30 PM | B | Break – Coffee & Tea | |
| 2:30 PM | 4:00 PM | CR | Case Reviews | Staff* |

| | MODULE 27 - WEEK OF 05/4/2020 | SPEAKER'S NAME |
|----|---|--------------------|
| AL | Essentials in Pediatric Acupuncture I | Joseph Audette, MD |
| AL | Essentials in Pediatric Acupuncture II | Vitaly Nazarov, MD |
| AD | Pediatric Treatment Demos | Ana Nieves, MD |
| AL | Materials and Methods for Pediatric Acupuncture | Ana Nieves, MD |
| AL | Subtle Energy Anatomy | Eric Leskowitz, MD |
| SP | A double-blind, randomized, placebo-controlled trial of acupuncture for the treatment of childhood persistent allergic rhinitis | Ng, et al. |

| | MODULE 28 – WEEK OF 05/11/2020 | SPEAKER'S NAME |
|----|--|------------------------------|
| AD | Demo of Treatment Strategies | Joseph Audette, MD |
| AL | Emergency Acupuncture | Joseph Audette, MD |
| AL | Use of Kawai Diode Rings | Ana Nieves, MD |
| AL | Basics of Pulse Diagnosis and Zang Fu Disturbance | Juan Carlos Gamez Garcia, MD |
| AL | Viscerosomatic Reflexes and Acupuncture Effects on Pain | Joseph Audette, MD |
| AD | Demo of Desensitization methods | Joseph Audette, MD |
| SP | Preoperative Intradermal Acupuncture Reduces Postoperative Pain, Nausea and Vomiting, Analgesic Requirement, and Sympathoadrenal Responses | Kotani, N et al. |

| | MODULE 29 - WEEK OF 05/18/2020 | SPEAKER'S NAME |
|----|--|------------------------|
| AL | Integration of Diet and Nutrition into Acupuncture Tx Part 2 | |
| AL | Integration of Diet and Nutrition into Acupuncture Tx Part 3 | Ilaria Maria Merlo, MD |
| AL | Integration of Diet and Nutrition into Acupuncture Tx Part 4 | Ilaria Merlo, MD |
| AL | Approaches to Cosmetic Acupuncture | Ana Nieves, MD |
| AL | Facial Diagnosis Part 1 | Ana Nieves, MD |
| AL | Facial Diagnosis Part 2 | Ana Nieves, MD |
| AL | Acupuncture in Occupational Health | Susan Upham, MD |
| AL | Scar Treatment | Joseph Audette, MD |

| | MODULE 30 – WEEK OF 05/25/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AL | Electro-acupuncture | Joseph Audette, MD |
| AD | Demo of Electroacupuncture Treatment Techniques | Joseph Audette, MD |
| AD | Myofascial Approach to Dorsal Zone Demo | Joseph Audette, MD |
| AL | Acupuncture Approach to Patients with Cancer | Ana Nieves, MD |
| AL | Acupuncture Demo of Reflexes and Treatment Strategies Part 1 | Joseph Audette, MD |
| AL | Acupuncture Demo of Reflexes and Treatment Strategies Part 2 | Joseph Audette, MD |
| SP | fMRI detects activation during laser acupuncture | Siedentopf, et al. |

| | MODULE 31 – WEEK OF 06/01/2020 | SPEAKER'S NAME |
|----|---|-----------------------|
| AL | Scar Treatment Strategies | Wolfram Stör, MD |
| AD | Demo of Scar Treatment Strategies I | Wolfram Stör, MD |
| AD | Demo of Ear Treatment Strategies | Dominik Irnich, MD |
| AD | Kiiko Matsumoto I – Shock and the Adrenal Treatment | Kiiko Matsumoto |
| AD | Kiiko Matsumoto II – Demo of Adrenal Tx for Shock | Kiiko Matsumoto |
| AD | Correlation of Ear and Body Acupuncture Demo | Joseph Audette, MD |
| GL | What Really Matters in Acupuncture: Cross Cultural Comparison | Petra Bämmler, PhD |

| | MODULE 32 - WEEK OF 06/08/2020 | SPEAKER'S NAME |
|----|--|-----------------------|
| AD | Kiiko Matsumoto III- Hormonal Headache | Kiiko Matsumoto |
| AD | Kiiko Matsumoto IV- Shoulder Pain | Kiiko Matsumoto |
| AD | Kiiko Matsumoto V- Chronic Pain and Neuropathies | Kiiko Matsumoto |
| AD | Demo of Integration of Zang Fu Diagnosis into Auricular Tx | Joseph Audette, MD |
| AD | Acupuncture Energetics Demo | Joseph Audette, MD |
| AL | Application of Acupuncture Principles in ER setting using injection techniques | Gary Howerton, MD |

*Staff: Joseph Audette, MD; Allison Bailey, MD; Petra Bäumler, PhD; Anat Bergner, MD; Manon Charlebois, MD; Juan Carlos Garcia, MD; MD; Gary Howerton, MD; Saeed Khan, MD; Kathleen Kroessler, MD; Ilaria Maria Merlo, MD; Ana Nieves, MD; Xiangrong Shao, MD; Susan Upham, MD