

# INTEGRATED STRUCTURAL ACUPUNCTURE COURSE FOR PHYSICIANS

UNIVERSITY OF NEW ENGLAND - COLLEGE OF OSTEOPATHIC MEDICINE

SEPTEMBER 23, 2019 – JUNE 08, 2020

## COURSE SYLLABUS

**NOTE:** The weekly modules (1 to 32) are web-based, distance learning classes. They can be viewed at your best convenience, 24/7, and as many times as you like. The Friday-Sunday sessions (1 to 4) are live, hands-on classes.

	<b>MODULE 01 - WEEK OF 09/23/2019</b>	<b>SPEAKER'S NAME</b>
AL	Acupuncture Introduction	Joseph Audette, MD
AL	Fundamental Properties: Chinese vs Japanese	Joseph Audette, MD
PL	Intro to Meridians, Point Location, & Practicum for needle insertion	Joseph Audette, MD
GL	Modern History of Traditional Chinese & Japanese Acupuncture	Bridie Andrews, PhD
SP	History of Chinese Acupuncture	Bridie Andrews, PhD

	<b>MODULE 02 - WEEK OF 09/30/2019</b>	<b>SPEAKER'S NAME</b>
AL	Qi Blood and Fluids in Traditional Chinese Medicine (TCM)	Joseph Audette, MD
AL	Organs and Meridians in Traditional Chinese Medicine	Joseph Audette, MD
PL	Lung Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Large Intestine Meridian (Lecture and Demo)	Joseph Audette, MD
AL	Key points for Clinical Practice with Demo - Part 1	Joseph Audette, MD
AL	Risks of Acupuncture and Safe Practice Recommendations	Joseph Audette, MD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION I – FRIDAY 10/04/2019</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break - Breakfast and Sign-in</b>	
8:00 AM	10:00 AM	AL	Orientation to Acupuncture and Palpation	Cristina Malatesta, MD
10:00 AM	11:00 AM	AP	Interactive Demo of Meridians Pathways I	Ilaria Merlo, MD
<b>11:00 AM</b>	<b>11:15 AM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
11:15 AM	11:30 AM	PL	Yin Meridians of the Arm: Lung, Pericardium & Heart (Focus on Japanese Locations)	Joseph Audette, MD
11:30 AM	12:00 PM	PLP	Palpation Practicum of Yin Meridians of the Arm: Lung, Pericardium, & Heart	Staff*
12:00 PM	12:15 PM	PL	Yang Meridians of the Arm: Large Intestine, Triple Warmer, & Small Intestine (Focus on Japanese Locations)	Joseph Audette, MD
12:15 PM	12:45 PM	PLP	Palpation Practicum of Yang Meridians of the Arm: Large Intestine, Triple Warmer, & Small Intestine	Staff*
<b>12:45 PM</b>	<b>1:45 PM</b>	<b>B</b>	<b>Break - Lunch</b>	
1:45 PM	2:00 PM	PL	Yin Meridians of the Leg: Kidney, Spleen & Liver (Focus on Japanese Locations)	Joseph Audette, MD
2:00 PM	2:30 PM	PLP	Palpation Practicum of Yin Meridians of the Leg: Kidney, Spleen & Liver	Staff*
2:30 PM	2:45 PM	PL	Yang Meridians of the Leg: Stomach, Gallbladder &	Joseph Audette, MD

			Bladder (Focus on Japanese Locations)	
2:45 PM	3:15 PM	PLP	Palpation Practicum Yang Meridians of the Leg: Stomach, Gallbladder & Bladder	Staff*
3:15 PM	4:15 PM	AP	Interactive Demo of Meridians Pathways II	Ilaria Merlo, MD
<b>4:15 PM</b>	<b>4:30 PM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
4:30 PM	5:00 PM	PL	CV and GV line and associated meridians (Focus on Japanese Locations)	Joseph Audette, MD
5:00 PM	5:30 PM	PLP	Palpation Practicum of CV and GV line and associated meridians (Focus on Japanese Locations)	Staff*
5:30 PM	6:45 PM	OL	Integration of Osteopathic, Chinese, and Functional Medicine into Acupuncture	Jay Sandweiss DO
<b>6:45 PM</b>	<b>7:15 PM</b>	<b>B</b>	<b>Break - Dinner</b>	
7:15 PM	8:30 PM	GL	History of the relationship between acupuncture and pain research	Bridie Andrews, PhD

START	END		WEEKEND SESSION I – SATURDAY 10/05/2019	SPEAKER'S NAME
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break - Breakfast and Sign-in</b>	
8:00 AM	9:00 AM	AL	Oketsu, Immune, Adrenal	Joseph Audette, MD
9:00 AM	10:15 AM	OL	Osteopathic palpatory technique for finding channel and point restrictions	Jay Sandweiss DO
<b>10:15 AM</b>	<b>10:30 AM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
10:30 AM	11:45 AM	OP	Osteopathic palpatory technique for finding channel and point restrictions practicum	Staff*
<b>11:45 AM</b>	<b>12:45 PM</b>	<b>B</b>	<b>Break - Lunch</b>	
12:45 PM	2:00 PM	AL	Abdominal Diagnostic Examination	Joseph Audette, MD
2:00 PM	3:15 PM	AP	Palpation Workshop – Oketsu, Immune, Adrenal	Staff*
<b>3:15 PM</b>	<b>3:30 PM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
3:30 PM	4:15 PM	AD	Treatment Demo with focus on Abdominal Diagnosis	Joseph Audette, MD
4:15 PM	5:00 PM	AP	Abdominal Diagnostic Examination practicum	Staff*

START	END		WEEKEND EXTRA SESSION WE I – SATURDAY 10/05/2019	SPEAKER'S NAME
5:30 PM	8:30 PM	OW	Osteopathic Workshop Part 1: Integration of Muscle Testing into Acupuncture Diagnosis and Treatment	Jay Sandweiss DO

START	END		WEEKEND SESSION I – SUNDAY 10/06/2019	SPEAKER'S NAME
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break - Breakfast and Sign-in</b>	
8:00 AM	8:45 AM	AP	Needle Practicum with Moxa	Ana Nieves, MD
8:45 AM	9:45 AM	AL	The relationship between the meridian system, 5 element and human emotions	Ana Nieves, MD
<b>9:45 AM</b>	<b>10:00 AM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
10:00 AM	11:15 AM	AL	Stomach Qi and Shao Yang with demo	Ana Nieves, MD
11:15 AM	12:00 PM	AL	Liver Dysfunction – Diagnosis and Treatments	Joseph Audette, MD
<b>12:00 PM</b>	<b>1:00 PM</b>	<b>B</b>	<b>Break - Lunch</b>	
1:00 PM	2:30 PM	AL	Application of 5 elements to constitutional treatment with demo	Joseph Audette, MD
2:30 PM	4:00 PM	PW	Palpation Workshop – Guided Treatment of Students	Staff*

	<b>MODULE 03 – WEEK OF 10/07/2019</b>	<b>SPEAKER'S NAME</b>
AL	The Function of Spleen and Stomach in TCM	Allison Bailey, MD
SL	Scientific basis of acupuncture: Chemical releases	Joseph Audette, MD
AD	Stomach Qi Demo	Joseph Audette, MD
PL	Stomach Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Spleen Meridian (Lecture and Demo)	Joseph Audette, MD
AL	Foundations of Chinese Medicine	Joseph Audette, MD
SP	Acupuncture: neuropeptide release produced by electrical stimulation of different frequencies	Science paper- Han et al.

	<b>MODULE 04 – WEEK OF 10/14/2019</b>	<b>SPEAKER'S NAME</b>
AL	The Function of Heart and Small Intestine in TCM	Joseph Audette, MD
AL	Abdominal Diagnosis with Demo	Joseph Audette, MD
PL	Heart Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Small Intestine Meridian (Lecture and Demo)	Joseph Audette, MD
AL	Functions of Internal Organs & Kidney Disorders	Joseph Audette, MD
SP	Two styles of acupuncture for treating painful diabetic neuropathy	Ahn, et al.

	<b>MODULE 05 – WEEK OF 10/21/2019</b>	<b>SPEAKER'S NAME</b>
AL	The Function of Kidney and Bladder in TCM	Ilaria Maria Merlo, MD
AD	Demo of palpation for Adrenal (Kidney) dysfunction	Joseph Audette, MD
AD	Demo of palpation for Immune (Lung) dysfunction	Joseph Audette, MD
PL	Bladder Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Kidney Meridian (Lecture and Demo)	Joseph Audette, MD
GL	Scientific Review Mechanisms of Acupuncture	Petra Bäumlner, PhD
SP	Electrical impedance of acupuncture meridians: the relevance of subcutaneous	Science paper- Ahn, et al.

	<b>MODULE 06 – WEEK OF 10/28/2019</b>	<b>SPEAKER'S NAME</b>
AL	The Function of Triple Burner in TCM	Ilaria Maria Merlo, MD
AL	The Function of Pericardium in TCM	Joseph Audette, MD
AD	Demo of Pericardium Treatment	Joseph Audette, MD
AD	Demo of Shao Yang treatment	Joseph Audette, MD
PL	Pericardium Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Triple Warmer Meridian (Lecture and Demo)	Joseph Audette, MD
GL	fMRI in Research	Russell Blinder, MD
AL	The Function of Triple Warmer & Gallbladder	Joseph Audette, MD

	<b>MODULE 07 – WEEK OF 11/04/2019</b>	<b>SPEAKER'S NAME</b>
AL	The Function of Liver and Gallbladder in TCM	Allison Bailey, MD
AD	Demo of Oketsu and Treatments	Joseph Audette, MD
AD	Demo of palpation of Liver dysfunction	Joseph Audette, MD
PL	Gallbladder Meridian (Lecture and Demo)	Joseph Audette, MD
PL	Liver Meridian (Lecture and Demo)	Joseph Audette, MD
AL	Treatment of Liver and Gallbladder Issues with demo	Joseph Audette, MD

GL	Acupuncture modulates resting state connectivity	Science Paper – Napadow, et al
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<b>MODULE 08 – WEEK OF 11/11/2019</b>		<b>SPEAKER'S NAME</b>
AL	Five Element Theory and Clinical Implications	Joseph Audette, MD
AL	Oketsu, Immune, Adrenal and ST Qi Treatments	Allison Bailey, MD
AD	Demo of Oketsu, Immune, Adrenal and ST Qi Treatments	Joseph Audette, MD
PL	Conception Vessel (Lecture and Demo)	Joseph Audette, MD
PL	Governing Vessel (Lecture and Demo)	Joseph Audette, MD
GL	Differential Diagnosis in TCM Part I	Michael Hammes, MD
AL	Fire Points (Lecture and Demo)	Joseph Audette, MD

<b>MODULE 09 - WEEK OF 11/18/2019</b>		<b>SPEAKER'S NAME</b>
AL	Introduction to Metal and Water Treatment	Allison Bailey, MD
GL	Differential Diagnosis in TCM Part II	Michael Hammes, MD
GL	Neuroanatomy of Pain: Peripheral & Central Nervous System I	Frank Willard, PhD
GL	Neuroanatomy of Pain: CNS & SomatoVisceral Integration	Frank Willard, PhD
GL	Neuroanatomy of Pain: Fascia	Frank Willard, PhD
AL	Acupuncture Energetics and Myofascial Pain	Joseph Audette, MD
AL	Metal/Water Treatments and Demo	Joseph Audette, MD

**THANKSGIVING - WEEK OF 11/25/2019 - NO CLASS**

<b>MODULE 10 – WEEK OF 12/02/2019</b>		<b>SPEAKER'S NAME</b>
GL	Differential Diagnosis in TCM Part III	Michael Hammes, MD
AL	Key points on Upper Extremity and Demo	Joseph Audette, MD
AL	Key points on Lower Extremity and Demo	Joseph Audette, MD
SL	De Qi or not De Qi: Is the Chinese Emperor Wearing No Clothes	Joseph Audette, MD
AL	Acupuncture and myofascial trigger points, Part I	Joseph Audette, MD
AL	Practice Management, Part I	Joseph Audette, MD
SP	Effects of dry needling at tender points for neck pain (Japanese: katakori): near-infrared spectroscopy for monitoring muscular oxygenation of the trapezius	Jimbo S et al

<b>START</b>	<b>END</b>		<b>PRESYMPOSIUM WORKSHOP WE II- THURSDAY 12/12/2019</b>	<b>SPEAKER'S NAME</b>
4:00 PM	7:00 PM	OW	Pulse Diagnosis	Michael Hammes, MD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION II – FRIDAY 12/13/2019</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break – Breakfast and Sign-in</b>	
8:00 AM	9:15 AM	AL	Approach to Back Diagnosis and Treatment Strategies	Joseph Audette, MD
<b>9:15 AM</b>	<b>9:30 AM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
9:30 AM	10:45 AM	AD	Demo of Back treatments	Joseph Audette, MD
10:45 AM	12:00 PM	AD	Palpation Workshop – Back Shu Points	Staff*
<b>12:00 PM</b>	<b>1:00 PM</b>	<b>B</b>	<b>Break – Lunch</b>	
1:00 PM	2:15 PM	AL	The Extraordinary Vessels and Command Points	Joseph Audette, MD
2:15 PM	3:30 PM	AL	Approach to Diagnosis and Review of Major Treatment Strategies	Joseph Audette, MD

<b>3:30 PM</b>	<b>3:45 PM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
3:45 PM	5:00 PM	AL	Palpation Workshop – Extraordinary Vessels	Staff*
5:00 PM	5:30 PM	LT	Structural Acupuncture Practicum Level I – Acupuncture points and treatment strategies	Cristina Malatesta, MD
5:30 PM	6:30 PM	AL	Peripheral and central processing of pain	Frank Willard, PhD
6:30 PM	7:15 PM	AL	Viscerosomatic reflexes and implications on pain	Frank Willard, PhD
<b>7:15 PM</b>	<b>7:45 PM</b>	<b>B</b>	<b>Break – Dinner</b>	
7:45 PM	8:30 PM	AL	The Embryological development of fascia and its implication on Pain	Frank Willard, PhD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION II – SATURDAY 12/14/2019</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break - Breakfast and Sign-in</b>	
8:00 AM	9:00 AM	AL	Practice Management II	Joseph Audette, MD
<b>9:00 AM</b>	<b>9:15 AM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
9:15 AM	11:00 AM	TP P	Trigger point Practicum	Joseph Audette, MD
11:00 AM	12:45 PM	TX	Guided Treatment of Patients	Staff*
<b>12:45 PM</b>	<b>1:45 PM</b>	<b>B</b>	<b>Break - Lunch</b>	
1:45 PM	3:15 PM	AL	Tongue Diagnosis and Treatment Strategies Part 1	Juan Carlos Gamez Garcia, MD
<b>3:15 PM</b>	<b>3:30 PM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
3:30 PM	5:00 PM	TX	Guided Treatment of Patients	Staff*

<b>START</b>	<b>END</b>		<b>WEEKEND EXTRA SESSIONS WE II – SATURDAY 12/14/2019</b>	<b>SPEAKER'S NAME</b>
5:30 PM	8:30 PM	OW	Treating Common Musculoskeletal Conditions with Osteopathic Manipulation, Meridian Therapy, Dry Needling and Manual Muscle Testing	Jay Sandweiss, DO & Joseph Audette, MD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION II – SUNDAY 12/15/2019</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break - Breakfast and Sign-in</b>	
8:00 AM	10:00 AM	AL	Sun Simiao Ghost Points and the treatment of mood disorders	Michael Hammes, MD
<b>10:00 AM</b>	<b>10:15 AM</b>	<b>B</b>	<b>Break - Coffee &amp; Tea</b>	
10:15 AM	12:15 PM	AL	Integration of Extraordinary Vessels in Treatment w/demo	Joseph Audette, MD
<b>12:15 PM</b>	<b>1:15 PM</b>	<b>B</b>	<b>Break - Lunch</b>	
1:15 PM	3:15 PM	TX	Guided Treatment of Patients	Staff*
3:15 PM	4:00 PM	CR	Case Reviews	Joseph Audette, MD

	<b>MODULE 11 – WEEK OF 12/16/2019</b>	<b>SPEAKER'S NAME</b>
GL	Pathogenic Factors and Disease in Chinese Medicine	Michael Hammes, MD
AL	Acupuncture and myofascial trigger points, Part II	Joseph Audette, MD
AL	Key points & Demo on flank, lower abdomen, and hip	Joseph Audette, MD
AL	Important Acupuncture Points of Arms and Legs in TCM Part I	Joseph Audette, MD
AL	Acupuncture and myofascial strain patterns: Demo	Joseph Audette, MD
SP	Ultrasound characteristics of Myofascial Triggerpoints	Shah, J et al

**CHRISTMAS & NEW YEAR – WEEKS OF 1/23/2019 & 12/30/2019 – NO CLASS**

	<b>MODULE 12 – WEEK OF 01/06/2020</b>	<b>SPEAKER'S NAME</b>
AL	Extraordinary Vessels: (Lecture and Demo)	Joseph Audette, MD
AL	Acupuncture and myofascial trigger points, Part III	Joseph Audette, MD
AL	The GV and Huato Jiaji lines: Treatment Considerations with Demo	Joseph Audette, MD
AL	Chaos Theory and Acupuncture Wholism	Joseph Audette, MD
GL	Acupuncture - A Somatosensory Conditioning Neuromodulatory Therapy	Vitaly Napadow, PhD
SP	Pathophysiological model for chronic low back pain integrating connective tissue and nervous system mechanisms	Langevin, H et al

	<b>MODULE 13 - WEEK OF 01/13/2020</b>	<b>SPEAKER'S NAME</b>
AL	Visceroptosis and Neurovascular Compression of Upper and Lower Extremity	Allison Bailey, MD
AL	Structural imbalances and the fulcrum treatment with Demo	Joseph Audette, MD
AD	Demo of Visceroptosis Treatment	Joseph Audette, MD
AD	Integration Japanese Style and Myofascial Trigger Points: Demo	Joseph Audette, MD
AL	Ba Gang: 8 diagnostic Criteria in TCM with Case Histories	Joseph Audette, MD
AL	Yang Ming Approaches to Back Pain	Joseph Audette, MD
SP	Biochemicals remote from active myofascial trigger points	Shah, J et al

	<b>MODULE 14 - WEEK OF 01/20/2020</b>	<b>SPEAKER'S NAME</b>
AL	Treatment of Low Back Pain (LBP) Part I (Sacroiliac & 4 Corners)	Gary Howerton, MD
SP	Acupuncture and spine related pain	Joseph Audette, MD
AD	Demo on 4 corner and Sacroiliac treatments	Joseph Audette, MD
AD	Demonstration of Key Shu point treatments of Back	Joseph Audette, MD
AL	Key extra points from TCM perspective	Joseph Audette, MD
AL	Tai Yang approaches to Back Pain.	Joseph Audette MD
AL	Luo, Sinew Channels	Joseph Audette MD
AL	The Epidemic of Lumbar Spinal Stenosis: Acupuncture Approaches	Allison Bailey, MD
SP	Does acupuncture improve the orthopedic management of chronic low back pain	Molsberger et al

	<b>MODULE 15 - WEEK OF 01/27/2020</b>	<b>SPEAKER'S NAME</b>
AL	Treatment of LBP Part II	Susan Upham, MD
AL	Acupuncture Energetics and Myofascial Pain	Joseph Audette, MD
AL	Yuan-luo-combination in the treatment of psychosomatic disorders	Joseph Audette, MD
AL	Divergent Meridians	Joseph Audette, MD
GL	Mechanisms and utility of the placebo effect in clinical research and practice	Joe Kossowsky, PhD
SP	Neurobiology of placebo effects	Science paper- Benedetti, et al.

	<b>MODULE 16 - WEEK OF 02/03/2020</b>	<b>SPEAKER'S NAME</b>
AL	Acupuncture for Anxiety and Depression - Theory	Joseph Audette, MD
AL	Acupuncture Treatment of Anxiety and Depression	Ilaria Maria Merlo, MD
AD	Demo of Treatments for Depression and Stress Disorders	Joseph Audette, MD
SL	Acupuncture in the Treatment of Mood Disorders	Joseph Audette, MD
AL	Acupuncture, Lifestyle Coaching and Suggestion	Joseph Audette, MD

SP	Acupuncture for depression during pregnancy: a randomized controlled trial.	Science paper – R. Schnyer 2010
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<b>MODULE 17 – WEEK OF 02/10/2020</b>		<b>SPEAKER'S NAME</b>
AL	Acupuncture Approaches to Respiratory Disorders	Joseph Audette, MD
SL	Acupuncture and Respiratory Disorders	Joseph Audette, MD
AD	Demo of Respiratory Treatment	Joseph Audette, MD
AL	Spleen and Kidney and its relationship to Respiratory Disorders	Ana Nieves, MD
AL	Acupuncture Approach to the Common Cold	Ana Nieves, MD
GL	Efficacy of Acupuncture for Pain Conditions	Petra Bämmler, PhD
SP	The Effect of Acupuncture in the Treatment of Chronic Obstructive Pulmonary Disease	Suzuki M et al

<b>MODULE 18 - WEEK OF 02/17/2020</b>		<b>SPEAKER'S NAME</b>
AL	Japanese Treatment strategies for Neck, Shoulder and Arm Pain	Susan Upham, MD
AL	Structural Acupuncture and VisceroSomatic Integration	Joseph Audette, MD
AL	Energetic Approach to Neck and Shoulder Pain Treatment	Joseph Audette, MD
AL	Acupuncture approaches to Headache	Kathleen Kroessler, MD
SL	Shoulder Pain	Joseph Audette, MD
AL	Acupuncture approach to Neck and Shoulder Pain	Joseph Audette, MD
SP	Ear acupuncture in the treatment of migraine attacks	Allais, et al.

<b>START</b>	<b>END</b>		<b>PRESYMPOSIUM WORKSHOP WE III – THURSDAY 02/27/2020</b>	<b>SPEAKER'S NAME</b>
4:00 PM	7:00 PM	OW	Trigger Points Workshop	Joseph Audette, MD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION III – FRIDAY 02/28/2020</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break – Breakfast and Sign-in</b>	
8:00 AM	8:15 AM	AL	Approach to Diagnosis and Treatment of Hormonal and GYN issues	Joseph Audette, MD
8:15 AM	8:30 AM	AP	Hormonal and GYN Treatment Practicum	Staff*
<b>8:30 AM</b>	<b>8:45 AM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
8:45 AM	9:15 AM	AL	Approach to Diagnosis and Treatment of Headaches Neck and Shoulder Pain	Joseph Audette, MD
9:15 AM	9:45 AM	AP	Headache Neck and Shoulder Pain Practicum	Staff*
9:45 AM	11:15 AM	AL	Microsystems and The Very Point® Technique	Dominik Irnich, MD
11:15 AM	12:15 PM	AP	The Very Point® Technique Practicum	Dominik, Irnich, MD
<b>12:15 PM</b>	<b>1:15 PM</b>	<b>B</b>	<b>Break – Lunch</b>	
1:15 PM	2:45 PM	AL	Scar Treatments and Disturbance Fields with Demo	Dominik, Irnich, MD
<b>2:45 PM</b>	<b>3:00 PM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
3:00 PM	4:30 PM	GL	Electro-Acupuncture Theory with Demo	Dominik Irnich, MD
4:30 PM	5:30 PM	GL	Scientific Review of the Efficacy of Acupuncture for Pain Conditions	Petra Bämmler, PhD
5:30 PM	6:30 PM	GL	Introduction to Integration of Diet and Nutrition into Acupuncture Practice	Ilaria Merlo, MD
<b>6:30 PM</b>	<b>7:00 PM</b>	<b>B</b>	<b>Break – Dinner</b>	
7:00 PM	8:30 PM	GL	Pediatric Acupuncture	Yuan-Chi Lin, MD

START	END		WEEKEND SESSION III – SATURDAY 02/29/2020	SPEAKER'S NAME
7:30 AM	8:00 AM	B	Break - Breakfast and Sign-in	
8:00 AM	9:30 AM	AL	Auricular Acupuncture Part I	Dominik Irnich, MD
9:30 AM	9:45 AM	B	Break - Coffee & Tea	
9:45 AM	11:15 AM	AL	Auricular Acupuncture Part II	Dominik Irnich, MD
11:15 AM	12:45 PM	AP	Auricular Acupuncture Practicum	Dominik Irnich, MD
12:45 PM	1:45 PM	B	Break - Lunch	
1:45 PM	3:15 PM	AL	Auricular Acupuncture Part III	Dominik Irnich, MD
3:15 PM	3:30 PM	B	Break - Coffee & Tea	
3:30 PM	5:00 PM	TX	Guided Treatment of Patients	Staff*

START	END		WEEKEND EXTRA SESSION WE III – SATURDAY 02/29/2020	SPEAKER'S NAME
5:30 PM	8:30 PM	OW	Facial Diagnosis	Ana Nieves, MD

START	END		WEEKEND SESSION III – SUNDAY 03/01/2020	SPEAKER'S NAME
7:30 AM	8:00 AM	B	Break - Breakfast and Sign-in	
8:00 AM	8:45 AM	AL	Japanese Balancing Systems	Ana Nieves, MD
8:45 AM	9:00 AM	B	Break - Coffee & Tea	
9:00 AM	10:30 AM	AL	Integrate Auricular Acupuncture and Scar Release into Treatment	Joseph Audette, MD
10:30 AM	12:00 PM	TX	Guided Treatment of Patients	Staff*
12:00 PM	1:00 PM	B	Break - Lunch	
1:00 PM	2:30 PM	AL	Constitutional Diagnosis in Auricular Acupuncture	Ilaria Merlo, MD
2:30 PM	4:00 PM	TX	Guided Treatment of Patients	Staff*

	MODULE 19 – WEEK OF 03/02/2020	SPEAKER'S NAME
AL	Japanese Approach to Headache Treatment	Ana Nieves, MD
AL	TCM approach to Headaches	Joseph Audette, MD
SL	Acupuncture and Headaches	Joseph Audette, MD
AD	Demo of Headache treatments	Joseph Audette, MD
AL	Practice Management, Part II	Kathleen Kroessler, MD
SP	Acupuncture versus topiramate in chronic migraine prophylaxis: A randomized clinical trial	Yang CP, et al

	MODULE 20 - WEEK OF 03/09/2020	SPEAKER'S NAME
AL	Japanese approach to GYN Part I	Ilaria Maria Merlo, MD
SL	Pelvic pain	Joseph Audette, MD
AD	Myofascial Approaches for Pelvic Pain	Joseph Audette, MD
AD	Demo of GYN Treatment Points	Joseph Audette, MD
AL	Auricular approach to GYN	Joseph Audette, MD
AL	Acupuncture approaches to Gynecological Disorders	Allison Bailey, MD
SP	Impact of electro-acupuncture in polycystic ovary syndrome	Stener-Victorin, et al.



	<b>MODULE 21 - WEEK OF 03/16/2020</b>	<b>SPEAKER'S NAME</b>
AL	Japanese Approach to GYN part 2	Ana Nieves, MD
AL	Kiiko Matsumoto I - Hormonal Headache	Kiiko Matsumoto, L.Ac.
AL	TCM approach to GYN	Joseph Audette, MD
AD	Demo of GYN Treatment strategies	Joseph Audette, MD
AL	Diagnosis & Treatment of Hyperthyroidism	Ilaria Maria Merlo, MD
AL	Energetic approach to GYN conditions	Joseph Audette, MD
SP	Japanese-style acupuncture for endometriosis-related pelvic pain in adolescents and young women	Wayne, et al

	<b>MODULE 22 - WEEK OF 03/23/2020</b>	<b>SPEAKER'S NAME</b>
AL	Treatments for Nausea: Pancreatitis Abdomen & Stomach Qi	Allison Bailey, MD
SL	Acupuncture and Nausea	Joseph Audette, MD
AD	Demo of Treatments for Nausea	Joseph Audette, MD
AD	Demo of Vertigo Treatment	Joseph Audette, MD
AL	Acupuncture Approaches to Hormonal Imbalances.	Joseph Audette, MD
AL	Acupuncture approaches to allergies and systemic detoxification	Ana Nieves, MD
GL	Neuroimaging Acupuncture Effects - The Role of Objective Outcomes	Vitaly Napadow, PhD
SP	Brain imaging of acupuncture: Comparing superficial with deep needling	MacPherson H, et al.

	<b>MODULE 23 - WEEK OF 03/30/2020</b>	<b>SPEAKER'S NAME</b>
AL	Acupuncture Approaches for detoxification, skin issues & allergies	Joseph Audette, MD
AL	Acupuncture Detox	Joseph Audette, MD
SL	Drug Detoxification Treatments	Allison Bailey, MD
AD	Demo of Allergy Treatments	Joseph Audette, MD
AD	Demo of Immune Treatments	Joseph Audette, MD
AL	The Opioid Crisis and Acupuncture	Joseph Audette, MD
AD	Demo of NADA protocol	Joseph Audette, MD
SP	Acupuncture for the Treatment of Drug Addiction disorders	Science paper -Cai-Lian Cui et al

	<b>MODULE 24 - WEEK OF 04/06/2020</b>	<b>SPEAKER'S NAME</b>
AL	Acupuncture Approaches to Cardiac and Blood Pressure	Juan Carlos Gamez Garcia, MD
AL	Acupuncture in Cardiac & Autonomic Function	Joseph Audette, MD
AD	Demo of Cardiac Exam Findings	Joseph Audette, MD
AD	Demo of Cardiac and BP Treatment Points	Joseph Audette, MD
AL	Acupuncture approaches to Cardiac Function	Ilaria Maria Merlo, MD
SP	Moxibustion for hypertension: a systematic review	Kim JI, et al.

	<b>MODULE 25 - WEEK OF 04/13/2020</b>	<b>SPEAKER'S NAME</b>
AL	TCM approach to GI issues	Allison Bailey, MD
AL	Japanese Approach to GI Disorders Part 1	Joseph Audette, MD
AL	Japanese Approach to GI Disorders Part 2	Joseph Audette, MD
AL	Acupuncture and Gastrointestinal Disorders	Joseph Audette, MD
AD	Demo of GI treatment points and strategies	Joseph Audette, MD

AL	Auricular Approach to GI Issues	Joseph Audette, MD
AL	GI Disorders	Ana Nieves, MD
SP	Acupuncture treatment in gastrointestinal diseases	Schneider, et al.

	<b>MODULE 26 - WEEK OF 04/20/2020</b>	<b>SPEAKER'S NAME</b>
AL	Acupuncture for Neurological Disorders	Kathleen Kroessler, MD
AL	Japanese Approaches to Neurological Disorders	Ilaria Merlo, MD
AD	Demo of Neurological Treatments	Joseph Audette, MD
AL	Chronic Pain Patients	Allison Bailey, MD
AD	Demo on Atlas Reflex treatment for headaches and neurological problems	Joseph Audette, MD
AD	Demo of use of very point to treat extraordinary vessels	Joseph Audette, MD
SP	Does acupuncture work for stroke rehabilitation: what do recent clinical trials really show	Science paper -Shiflett, et al.

<b>START</b>	<b>END</b>		<b>PRESYMPOSIUM WORKSHOP WE IV – THURSDAY 4/30/2020</b>	<b>SPEAKER'S NAME</b>
4:00 PM	8:00 PM	OW	Battlefield Acupuncture: Extra Session	Xiangrong Shao, MD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION IV – FRIDAY 5/1/2020</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break – Breakfast and Sign-in</b>	
8:00 AM	8:15 AM	AL	Approach to Diagnosis and Treatment of Cardiac Disorders	Joseph Audette, MD
8:15 AM	8:45 AM	AP	Cardiac Treatment Practicum	Staff*
<b>8:45 AM</b>	<b>9:00 AM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
9:00 AM	9:15 AM	AL	Approach to Diagnosis of GI Issues	Joseph Audette, MD
9:15 AM	9:45 AM	AP	GI Treatment Practicum	Staff*
9:45 AM	10:15 AM	AL	Approach to Diagnosis of Neurological Issues	Joseph Audette, MD
10:15 AM	10:45 AM	AP	Neurological Treatment Practicum	Staff*
10:45 AM	12:45 PM	AL	Treatment Strategies used for Immediate Pain Relief in Urgent Care Setting	Marcia Yamamura, MD
<b>12:45 PM</b>	<b>1:45 PM</b>	<b>B</b>	<b>Break – Lunch</b>	
1:45 PM	2:45 PM	AD	Demo and Treatment Practicum	Marcia Yamamura, MD
2:45 PM	3:45 PM	AD	Treatment Pearls from the Experts	Staff*
<b>3:45 PM</b>	<b>4:00 PM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
4:00 PM	6:00 PM	GL	Laser Acupuncture Basics	Margaret Naeser, PhD
<b>6:00 PM</b>	<b>6:30 PM</b>	<b>B</b>	<b>Break – Dinner</b>	
6:30 PM	8:30 PM	GL	Transcranial LED to Improve Cognition in Chronic, TBI and Mild to Moderately-Severe Alzheimer's Disease	Margaret Naeser, PhD

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION IV – SATURDAY 5/2/2020</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break – Breakfast and Sign-in</b>	
8:00 AM	9:30 AM	AL	Touch ups and Strategies for Immediate Pain Relief	Joseph Audette, MD
<b>9:30 AM</b>	<b>9:45 AM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
9:45 AM	11:15 AM	OL	Use of Muscle Testing with Pulse to Dx Meridian Disturbance with Practicum I	Jay Sandweiss DO
11:15 AM	12:45 PM	TX	Guided Treatment of Patients	Staff*

<b>12:45 PM</b>	<b>1:45 PM</b>	<b>B</b>	<b>Break – Lunch</b>	
1:45 PM	3:15 PM	TP	Tx Praticum Using 5 element and Mu points for Meridian Disturbance II	Jay Sandweiss DO
3:15 PM	4:45 PM	TX	Guided Treatment of Patients	Staff*
<b>4:45 PM</b>	<b>5:00 PM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	

<b>START</b>	<b>END</b>		<b>WEEKEND EXTRA SESSION WE IV – SATURDAY 05/2/2020</b>	<b>SPEAKER'S NAME</b>
5:30 PM	8:30 PM	OW	Osteopathic Workshop Part 2: Integration of Muscle Testing into Acupuncture Diagnosis and Treatment	Jay Sandweiss DO, FAAMA

<b>START</b>	<b>END</b>		<b>WEEKEND SESSION IV – SUNDAY 5/3/2020</b>	<b>SPEAKER'S NAME</b>
<b>7:30 AM</b>	<b>8:00 AM</b>	<b>B</b>	<b>Break – Breakfast and Sign-in</b>	
8:00 AM	10:00 AM	AD	Kiiko Matsumoto's Treatment Demo	Kiiko Matsumoto, L.Ac.
<b>10:00 AM</b>	<b>10:15 AM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
10:15 AM	12:15 PM	AD	Kiiko Matsumoto's Treatment Demo	Kiiko Matsumoto
<b>12:15 PM</b>	<b>1:15 PM</b>	<b>B</b>	<b>Break – Lunch</b>	
1:15 PM	2:15 PM	AD	Kiiko Matsumoto's Treatment Demo	Kiiko Matsumoto
<b>2:15 PM</b>	<b>2:30 PM</b>	<b>B</b>	<b>Break – Coffee &amp; Tea</b>	
2:30 PM	4:00 PM	CR	Case Reviews	Staff*

	<b>MODULE 27 - WEEK OF 05/4/2020</b>	<b>SPEAKER'S NAME</b>
AL	Essentials in Pediatric Acupuncture I	Joseph Audette, MD
AL	Essentials in Pediatric Acupuncture II	Vitaly Nazarov, MD
AD	Pediatric Treatment Demos	Ana Nieves, MD
AL	Materials and Methods for Pediatric Acupuncture	Ana Nieves, MD
AL	Subtle Energy Anatomy	Eric Leskowitz, MD
SP	A double-blind, randomized, placebo-controlled trial of acupuncture for the treatment of childhood persistent allergic rhinitis	Ng, et al.

	<b>MODULE 28 – WEEK OF 05/11/2020</b>	<b>SPEAKER'S NAME</b>
AD	Demo of Treatment Strategies Part I	Joseph Audette, MD
AL	Application of Acupuncture Principles in ER setting using injection techniques	Gary Howerton, MD
AL	Use of Kawai Diode Rings	Ana Nieves, MD
AL	Basics of Pulse Diagnosis and Zang Fu Disturbance	Juan Carlos Gamez Garcia, MD
AL	Demo of Treatment Strategies Part II	Joseph Audette, MD
SP	Preoperative Intradermal Acupuncture Reduces Postoperative Pain, Nausea and Vomiting, Analgesic Requirement, and Sympathoadrenal Responses	Kotani, N et al.

	<b>MODULE 29 - WEEK OF 05/18/2020</b>	<b>SPEAKER'S NAME</b>
AL	The Extra Cellular Matrix	Ilaria Maria Merlo, MD
AL	Mitochondria, The Engine of Life Part I	Ilaria Maria Merlo, MD
AL	Mitochondria, The Engine of Life Part II	Ilaria Maria Merlo, MD
AL	Causative Auricular Acupuncture Part II	Nadia Volf, MD
AL	Facial Diagnosis Part 1	Ana Nieves, MD
AL	Facial Diagnosis Part 2	Ana Nieves, MD

AL	Acupuncture in Occupational Health	Susan Upham, MD
AL	Causative Auricular Acupuncture Part II	Nadia Volf, MD

	<b>MODULE 30 – WEEK OF 05/25/2020</b>	<b>SPEAKER'S NAME</b>
GL	Electro-acupuncture	Dominik Irnich, MD
GL	Electro-acupuncture Cases	Dominik Irnich, MD
AD	Myofascial Approach to Dorsal Zone Demo	Joseph Audette, MD
SL	PENS treatment for pain	Joseph Audette, MD
AL	Cosmetic Acupuncture	Ana Nieves, MD
AD	Cosmetic Acupuncture Demonstration	Ana Nieves, MD
SP	fMRI detects activation during laser acupuncture	Siedentopf, et al.

	<b>MODULE 31 – WEEK OF 06/01/2020</b>	<b>SPEAKER'S NAME</b>
AL	Disturbance Fields and Scar Treatment Strategies	Wolfram Stör, MD
AD	Demo of Scar Treatment Strategies Part I & II	Wolfram Stör, MD
AD	Demo of Ear Treatment Strategies	Dominik Irnich, MD
AD	Kiiko Matsumoto II – Shock and the Adrenal Treatment	Kiiko Matsumoto
AD	Kiiko Matsumoto III – Demo of Adrenal Tx for Shock	Kiiko Matsumoto
AD	Correlation of Ear and Body Acupuncture Demo	Joseph Audette, MD
AD	Demo of Integration of Zang Fu Diagnosis into Auricular Tx	Joseph Audette, MD
GL	What Really Matters in Acupuncture: Cross Cultural Comparison	Petra Bämmler, PhD

	<b>MODULE 32 - WEEK OF 06/08/2020</b>	<b>SPEAKER'S NAME</b>
AD	Kiiko Matsumoto IV- Shoulder Pain	Kiiko Matsumoto
AD	Kiiko Matsumoto V- Chronic Neuropathic Pain I	Kiiko Matsumoto
AD	Kiiko Matsumoto VI- Chronic Neck Pain I	Kiiko Matsumoto
AD	Materials and Methods for Touch Ups – Ana Nieves, MD	Ana Nieves, MD
AD	Kiiko Matsumoto VII- Chronic Neuropathic Pain II	Kiiko Matsumoto
AD	Kiiko Matsumoto VIII- Chronic Neuropathic Pain II	Kiiko Matsumoto

\*Staff: Joseph Audette, MD; Allison Bailey, MD; Petra Bäumler, PhD; Anat Bergner, MD; Manon Charlebois, MD; Juan Carlos Garcia, MD; MD; Gary Howerton, MD; Saeed Khan, MD; Kathleen Kroessler, MD; Ilaria Maria Merlo, MD; Ana Nieves, MD; Xiangrong Shao, MD; Susan Upham, MD